

Agenda

Identify

• Leadership Challenges

Explore

• Obstacles to Accountability

Discuss

• Skills for Action and Intervention

# Challenges Facing Leaders

- Personnel and Human Resources
- Aging Communities
- Financial Hurdles
- Multiple Relationships
- Leading During Times of Change
- Monumental Decisions

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# Challenges Facing Leaders

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#### Personnel and Human Resources

- 1. Interpersonal challenges
- 2. Vocational crisis
- 3. Health issues
- 4. Unaddressed trauma, addictions, mental health issues...and their impact on community

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#### **Tensions**

- Desire to support individual needs of sisters while also supporting and protecting the needs of the community (at large, living group, colleagues)
- Desire to allow sister to make decisions while also needing sister to make (healthy) decisions in line with expectations of community
- Desire to be compassionate and flexible while also being able to say "no" when appropriate

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# What gets in our way?

- Perceived lack of skill/Insecurities
- Fear of "hurting" the sister
- Desire to "protect" sister's image/reputation
- Compromise independence of sister
- Multiple relationships
- Lack of trust among team members
- Perception of community members

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#### What do individuals in crisis need?

#### Support

- Empathy
- Understanding
- Compassion
- Patience

#### Accountability

- Realistic expectations
- Follow Up
- "Form, communicate, and inspect the fulfillment of an expectation in a positive, principled way"

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# What do individuals impacted by a crisis need?

#### Support

- Empathy
- Understanding
- Compassion
- Patience

#### Accountability

- Realistic expectations
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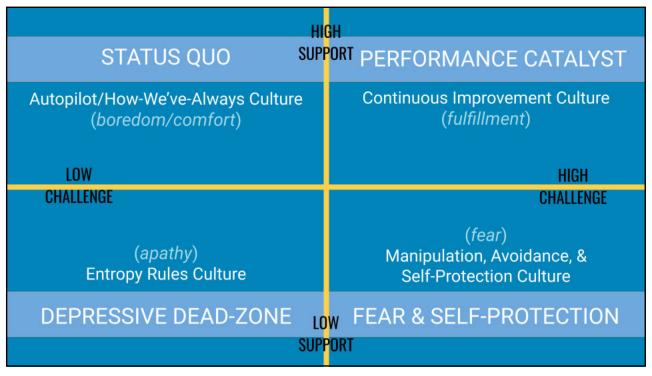
Support without accountability is enabling. Accountability without support is perceived as control.

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# Support is a prerequisite of accountability.

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High	Support
Growing mistrust in leadership Support feels superficial Feelings of confusion "Nothing ever changes"	Trust in leadership Enhanced sense of connectedness Safety in community Nurtures interdependence
	High Accountability
Low Accountability  Absence of leadership Unpredictable climate Compromised sense of safety Nurtures lone ranger mentality	Fear of leadership Misuse of control (micromanage) Facilitates defensive posture Undermines independence and self confidence
Low	Support © 2023 Saint Luke Institute

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# Consequences of Indecision/Passivity

#### For Leadership

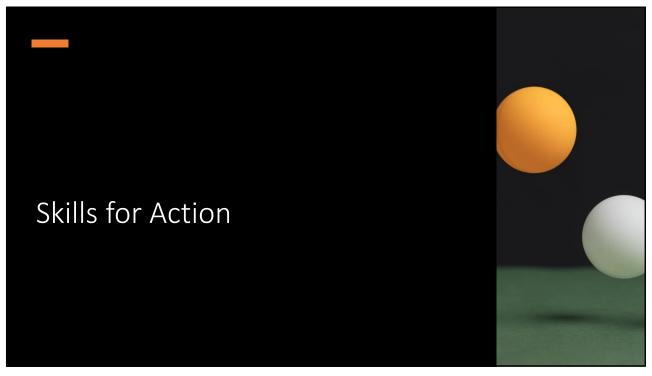
- Ineffective
- Loss of confidence
- Loss of trust
- Indecision is the decision

#### For Community

- Fear
- Insecurity
- Compromised safety
- Anger
- Messaging

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# **Healthy Team**

#### Foundational

- Trust among members
- Confidence in abilities
- Consensus about plan of action
- Put the work <u>into</u> your team

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# Healthy Self

#### Know thyself

- Healthy boundaries
- Healthy self knowledge
- Multiple relationships
- Pay your RENT every day! (Rest, Exercise, Nutrition, Thoughts)
- How do I prepare for these difficult decisions and encounters?

 $\label{thm:conversations} \mbox{ \sc Baldridge, Difficult Conversations Made Easy. TEDxUCCI-YouTube}$ 

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# Making a Plan

- Obtain clarity and consensus for the team about the goals
- Include the advice of outside council *and* trust the wisdom of the group
- Identify the tangible steps moving forward
- Discuss a plan for implementation and follow up
- Take the action steps necessary!

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#### Skills for Candid Conversations

#### **Clarity and Candor**

- Be clear about what you are trying to achieve
- Be clear what you are listening for
- Be clear what gives you the right to initiate this conversation
- Give thought to how you set up the meeting
- Look for the positive in the situation

Fred Thompson, NY Daily News, 2011

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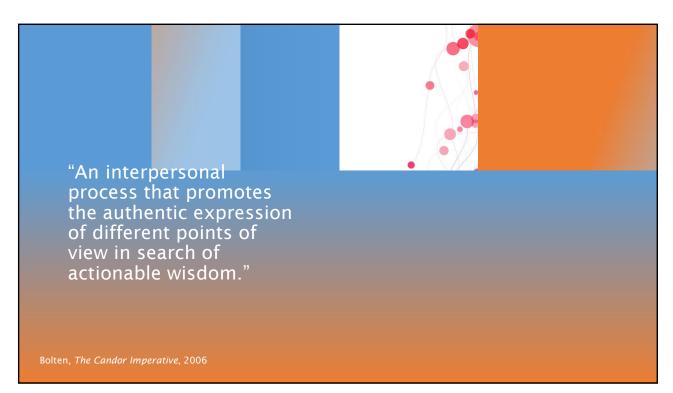
#### Skills for Candid Conversations

#### **Prepare and Predict**

- Based on the situation and the individual involved, what do you know? How can past experiences inform how you handle the present situation?
- What is the team's desired outcome?
- What is the "take-home" message?
- Sometimes we need a time out!

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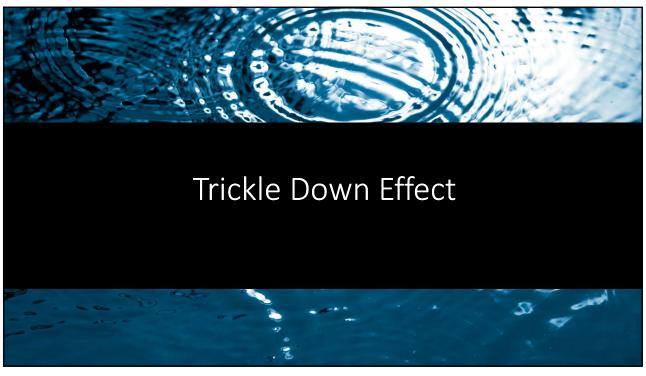


# Follow up!!

- Written summary of the conversation within 1 week
- Individual "touch-base" within 1 month
- Scheduled meeting within 3 months (and 6 and 9 months)
- Willingness to follow through with ACTION as needed

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# **Reflection Questions**

- What situations do we find *most* challenging?
- At what point does our leadership team get stuck?
- What "Healthy Self" work might I need to explore?
- What "Healthy Team" work might we need to explore?

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# **Contact Us**

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