

Mental Health Advisory Committee Call

Call February 15, 2021

Participants: Kay Malone, Sister Maria Vinton, Lyn Korte (Germaine Kohl absent)

GENERAL NOTES

- Confirm Germaine Kohl contact information and intent to participate
- In Mental Health Priority document, add to Connections to Explore:
 - Ascension Mercy Hospital in Oshkosh has one of only two inpatient behavioral health (mental health) unit for 65 and older in state
 - University of Wisconsin course on dementia, and others
- In Mental Health Priority document, add loss, authority issues, behavioral issues/habits of behavior to themes of mental health
- PESI was recommended as a resource for mining topics and/or educational programming options. (<https://www.pesi.com/>)
- Education is the top need—for providers, for community members, for those with issues
- Center education around “What am I dealing with so I can deal with it?” and “What am I dealing with in myself that I may be projecting?”

PROPOSED DESIGN FOR EDUCATIONAL PROGRAMMING

- Roundtable Series (1 90-minute Zoom session per month with content expert speaker and discussion)
- Deeper Dive Series (1 90-minute Zoom session per month on same topic but in greater detail and depth)
- Self-Facilitated Support Groups (Participants opt-in to share contact information and continue connection and discussion on their own)
- Practical Tips (Written takeaways from each Roundtable)
- Online Resources (Informational materials, professionals by specialty and geography, programs available)

ACTION PLAN

- Draft initial educational program calendar (by topic)
- Identify potential content experts
- Collect existing material and permissions for online resources
- Develop execution plan for educational programming (ie, communications, technology, facilitation)

NEXT MEETING

- Schedule for early March to review draft of educational program calendar, potential experts and resources, and execution plan