



**When we listen as if we were in a temple, or church,
and give attention to another
as if each person were our teacher,
honoring his or her words as valuable and sacred,
all kinds of great possibilities awaken.
Even miracles can happen.**

**To act in the world most effectively,
our actions cannot come from our small sense of self,
our limited identity, our hopes, and our fears.
Rather, we must listen to a greater possibility
and cultivate actions connected
with our highest intentions from the patient
and compassionate Spirit who lives within us.**

**We must learn to be in touch with something
greater than ourselves,
whether we call it the Tao, God, Spirit, or Law of Nature.
There is a deep current of truth that we can hear.**

**When we listen and act in accordance with this truth,
no matter what happens, our actions will be right.
When we look with deep compassion,
we may find it necessary to change our life again and again,
to let go of unwise parts of ourselves
or to extend our compassion in new ways
to the world around us.**

*-Jack Kornfield
A Path with Heart*

